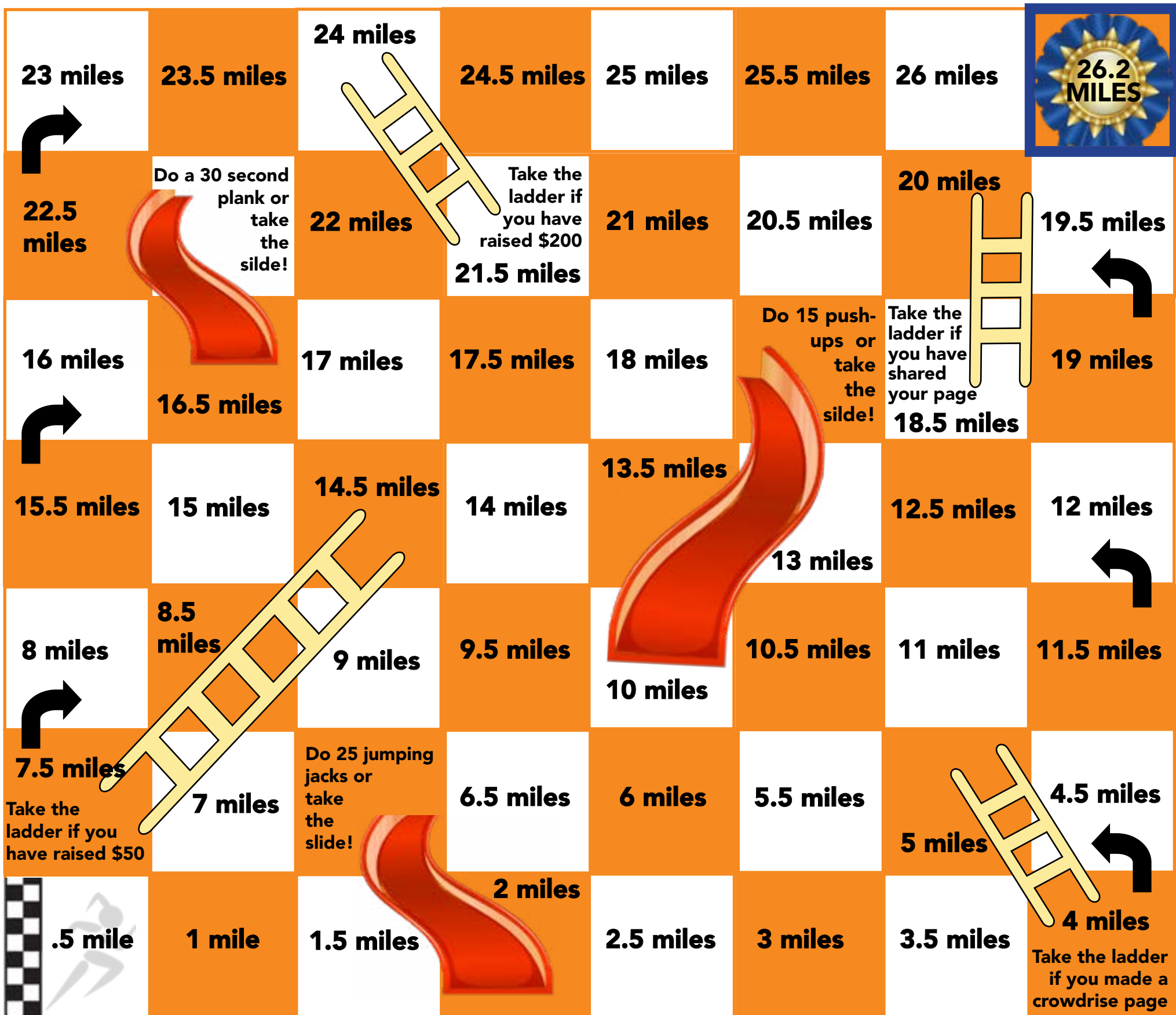


Esperanza Fitness Challenge



How it works: *In one month run your own marathon!*

From 9/15/2020-10/15/2020 track your miles and your fundraising to complete the above chutes and ladders board. Each time you run track your miles and move ahead that many spaces. For example, if you run 2.5 miles on Monday and another 1.5 miles on Wednesday you would be on the 4 mile square. Complete the fundraising goals to speed up the process and take a ladder, but **WATCH OUT** for the slides. Complete the extra fitness challenge when you pass these or take the slide! Not a runner? No problem! Walk the marathon or double the miles for a bike challenge. When you complete the game be sure to send a photo of your final run to development@esperanzachicago.org. Did we forget to mention you can also win prizes?!? Learn about that **HERE**.